



One Size
Cable
& Rib
Sweater

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Blacker Designs

One Size Cable and Rib Sweater

This pretty ribbed sweater, in one size, has either a cropped or longer length and the sleeves may be long to cover half the hand or shorter to the wrist. The sweater may be left completely plain, and a turtle neck can be added, or instructions are provided for an attractive central cable panel on the front. The sleeves have three lines of twisted rib as a design feature.

One Size: chest 106cm (42") when pressed

Length: two versions: from top back neck 50 cm (20") for cropped length

OR from top back 66 cm (27") for longer length

Materials:

500g Blacker Yarns 50/50 Jacob wool/mohair (or Manx Loaghtan/mohair) DK yarn for cropped sweater
650g Blacker Yarns yarns as above for longer sweater. Add 50g if turtle neck desired
1 pair 4.5mm needles, 2 stitch holders or spare needles, a few stitch markers (or coloured thread)

Tension Sample:

Cast on 30sts
Work 30 rows in 3 x 2 rib (k2, p3, k2, p3 RS and p2, k3 WS)
Wash sample, press flat
Measure when dry: 14cm wide x 13.5cm, approx 21sts x 22 rows=10cm (4")
Adjust needle size to give required tension

Stitches & Abbreviations

st, sts = stitch, stitches K = knit
P = purl
S = slip a stitch from one needle

to the other
RS = right side WS = wrong side
K2tog or P2tog = knit or purl the next 2 sts together
K3tog or P3tog = knit or purl the next 3 sts together
pssso = pass the slipped stitch over the next knitted stitch
P2togtbl = purl two stitches together through the back of the loop (rather than the front)
T4L: twist 4 stitches to the left, so take off 3 sts to back of work, purl the next 1, then knit the 3 taken off
T4R: twist 4 stitches to the right, so take off 1 st to front of work, knit the next 3, then purl the 1 taken off
C6F: Slip next 3 stitches onto cable needle, hold at front of work. Knit 3, then knit stitches from cable needle
C6B: As above but hold cable needle to the back
TWL: knit into the back of the 2nd stitch on left hand needle, then into the front of the first, taking the 2 sts off together

TWR: knit into the front of the 2nd stitch on left hand needle, then into the front of the first, taking off the 2 sts together
2 and 3 Rib: (for this pattern)
Row 1: K2, P3, repeat these to end of row: row 2: P2, K3 to end, repeat these 2 rows. (2 and 2 rib is K2, P2 and vice versa for rows 1 and 2)
Stocking Stitch: Row 1 (RS): knit to end; row 2 (WS): purl to end; repeat these 2 rows
Reverse Stocking Stitch: Row 1 (RS): purl to end; row 2 (WS): knit to end; repeat these 2 rows
Garter stitch: knit every row
Increase: Knit or purl into both the front and back of a stitch, to create 2 stitches
Decrease: Knit or purl 2 stitches together or S1, K1, pssso on knit rows and P2togtbl on purl rows
To make a neat edge, cast on 2 extra stitches and ALWAYS slip the first stitch and knit the last stitch of every row.

Method:

BACK

With 4.5mm needles cast on 112 sts by cable cast on method
Row 1: k2 (p3, k2) Repeat to end
Row 2: (p2, k3) Repeat to last 2 sts, p2
Repeat these 2 rows till work measures 26 cm (10") (cropped) or 40cm (16") (longer)

SHAPE UNDERARM

TIP: to minimise "stepping" effect of shaping, slip through back of st the first stitch you are going to cast off

Cast off 5 sts at start of next 2 rows, 3 sts at start of next 2 rows and 1 st at start of next 10 rows, 86 sts remain

Continue without further shaping till total work measures 43cm (17") or 59cm (23")

Adjust length of arm-hole to suit if required

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SHAPE NECK AND SHOULDER.

Work 30 sts

Turn for neck edge and work back along these 30 sts as follows: slip 1st stitch, K1, pssso and work to end of row

At shoulder edge cast off 9 sts, work to neck edge

Repeat the last 2 rows then decrease once more at neck edge

At shoulder edge cast off remaining sts

Place centre 26 sts on a holder

Complete other side to match

FRONT

with central twisted cable panel of 26 sts on a reverse st st background of 6 sts at each side. Total central panel is 38sts. The 2 rib columns on either side of the panel may be twisted if liked.

Cast on 112 sts

Row 1: Work in rib as before for 37 sts

Start centre panel: p6 for background, p1, T4L, T4R, p8, T4L, T4R, p1, p6 for background (reverse st st)

Complete row in rib 3 and 2 rib to match

Maintain reverse st st background to cables, and 3 x 2 rib at sides throughout

Instructions are now for cable panel only

Row 2: k2, p6, k10, p6, k2

Row 3: p2, C6F, p10, C6F, p2

Row 4: as row 2

Row 5: p1, T4R, T4L, p8, T4R, T4L, p1

Row 6: k1, p3, k2, p3, k8, p3, k2, p3, k1

Row 7: T4R, p2, T4L, p6, T4R, p2, T4L

Row 8: p3, k4, p3, k6, p3, k4, p3

Row 9: k3, p4, T4L, p4, T4R, p4, k3

Row 10: p3, k5, p3, k4, p3, k5, p3

Row 11: T4L, p4, T4L, p2, T4R, p4, T4R

Row 12: k1, p3, k5, p3, k2, p3, k5, p3, k1

Row 13: p1, T4L, p4, T4L, T4R, p4, T4R, p1

Row 14: k2, p3, k5, p6, k5, p3, k2

Row 15: p2, T4L, p4, C6B, p4, T4R, p2

Row 16: k3, p3, k4, p6, k4, p3, k3

Row 17: p3, [T4L, p2, T4R] twice, p3

Row 18: k4, p3, [k2, p3] 3 times, k4

Row 19: p4, T4L, T4R, p2, T4L, T4R, p4

Row 20: k5, p6, k4, p6, k5

Row 21: p5, C6F, p4, C6F, p5

Row 22: as row 20

Row 23: p4, T4R, T4L, p2, T4R, T4L, p4

Row 24: as row 18

Row 25: p3, [T4R, p2, T4L] twice, p3

Row 26: as row 16

Row 27: p2, T4R, p4, C6B, p4, T4L, p2

Row 28: as row 14

Row 29: p1, T4R, p4, T4R, T4L, p4, T4L, p1

Row 30: as row 12

Row 31: T4R, p4, T4R, p2, T4L, p4, T4L

Row 32: as row 10

Row 33: k3, p4, T4R, p4, T4L, p4, k3

Row 34: as row 8

Row 35: T4L, p2, T4R, p6, T4L, p2, T4R

Row 36: as row 6

Repeat these 36 rows once and then work to pattern as many rows as needed to reach 25cm (10") or 40cm (16")

SHAPE UNDERARM as given for BACK

Continue till piece measures 40 cm (16.5") OR 56 cm (22.5")



NECK SHAPING

Work 33 sts and turn

Row 1: sl 1, k1, pssso, work to end

Row 2: work to last 2 sts, k2 tog

Repeat these 2 rows once. 29 sts remain.

Now decrease on right side rows only to 27 sts

SHOULDER SHAPING

Cast off 9 sts at armhole edge in next and alternate row

Do not decrease at neck edge

On next alternate row cast off remaining sts

Place central 20 sts on a holder

Finish second shoulder to match

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SLEEVES

As given, sleeves are thumb tip length, intended to sit on the hand not fold back. To shorten, reduce welt to 7 cm / 3" and adjust again at sleeve top.

Cast on 52 sts

Start in 2 x 2 rib, twisting all rib lines on the right side of the work, using TWR for one sleeve and TWL for the other to make them symmetrical

Work without shaping for 12 cm (5")

WS facing, increase 1 st in all the knit stitch ribs to create 3 x 2 rib

RS facing, continue in 3 and 2 rib but maintain the twisted ribs in 3 centre rib lines only

Increase at both ends of next and every following 4th row to 102 sts

Periodically mark increase rows with stitch markers or thread for accurate joining

Continue to 53cm (21") or desired sleeve length.

Cast off 5 sts at start of next 4 rows. Cast off remaining 82 sts



For adventurous knitters: ALTERNATIVE SLEEVE METHOD knitted downwards.

With right sides together, sew up one shoulder, taking care to match rib lines. Open out work.

Starting from the 3 st cast-off on body, mark sec-

tions as follows: 4 each on Back and Front with 10 sts to each section. Allow for 2 extra knit sts at shoulder seam for centre line of sleeve
Starting with 2 k sts, pick up and work 3 x 2 rib along the 40 sts to shoulder, work 2 centre k sts and then 40 sts in 3 x 2 rib to other armhole decrease, turn, cast on 5 sts. Work in pattern to row end. Repeat this row 3 more times.

Continue to work down sleeve in 3x2 rib (with 3 twisted ribs at centre) without shaping for 6 rows. Decrease at both ends of next row and every 4th row to 66 sts

For a clean sleeve seam, mark a few decreases for exact joining later

Continue till work measures 40cm (16")

Adjust length here if needed

WELT:

Wrong sided facing, k 2 tog in all 3 st. ribs to give 2 x 2 rib

Right side facing, work twisted rib on knit sts across the whole row

Continue in twisted (2 x 2T) rib for 12cm (5")

Cast off

MAKE UP, both methods

Sew up right shoulder.

WS facing, pick up loops without knitting as follows: side of back neck 5 sts, stitch holder 26 sts, other side back neck 5 sts, side front neck 18 sts, front stitch holder 20 sts, side front neck 15 sts

RS facing, at front neck edge, knit and increase as follows: (K1 from needle, k1 from below next st, P2). Repeat four times. Work sts from holder in 2x2 rib. Increase in side neck as before to shoulder seam. Back neck (k1, k1 below st, p2) twice. Work 3 x 2 rib across sts from holder. Finish other side neck in same manner.

Next row, wrong side, work all sts as they present themselves

Next row: Continue in 2x2 rib. Optional: twist sts Work 2.5cm (1") in chosen pattern

Cast off loosely

Complete second sleeve. Sew all seams. Allow underarm body sides to wrap 2.5cm (1") around sleeve top

Wash garment. Block to dry, or dry flat and steam press to correct measurement when dry.

Care advice: Hand wash in cool water using a liquid

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wool wash. Spin dry. Do not tumble dry. Spread on a towel, hand pressing garment to shape and correct size. Store folded.

Variations: For a larger size, add 10 sts to both the Front and the Back i.e. one 3x2 rib on either side of the centre panel. Add 2 (2, 1) sts in that sequence to the shoulder cast offs. The crop version will make one larger size (add 3 cm length also) but will not sit well after that. The sleeve opening and sleeve will accommodate 1 larger size but should then be adjusted. For the larger size allow a further 50g. For a smaller size, knit on 3.75mm needles to reduce size overall - or reduce number of sts in front and back by 10 each per 20cm reduction (this is two 3 and 2 ribs, to maintain symmetry, but will not work with the centre panel for very small sizes).

Turtle neck, decorative option. Work neck for 5 cm (2") in 2x2 rib, change to 3 x 2 at fold over. Arrange ribs to match front of garment. Twist ribs if preferred. Work a further 8cm (3") or more for a deep turtle neck. Allow a further 50g for this neck. Variation on whole sweater (less skinny fit): work centre panel as given. Work remainder in seed st or moss st with 3 line rib panels at centre of sleeves and 5 line rib at centre of back of sweater. Variation on panel: knit the pattern flat rather than twisted.

Additional Notes

The sweater was knitted on one needle size for the convenience of kit makers wanting to include all equipment. Smaller needles may be used for neck, welt and cuffs.

The cable panel was derived from the Harmony Guide to Aran and Fair Isle Knitting, edited by Debra Mountford. ISBN 0-517-88405-4. This source should be mentioned if the pattern is published. Several of the cable panels in that publication can be substituted for the one chosen

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